Public Health Association of BC

RISE UP!

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Are you seeking ways to make a positive impact in your community?

Join Rise Up! Strengthening Food Systems and Environmental Stewardship, a BC-wide program connecting youth with hands-on volunteer opportunities in food systems and environmental initiatives.



- **Build skills & experience**
- **Meet like-minded peers and mentors**
- **Take part in free learning & events**
- **Access unique opportunities to contribute positively to your community**

No previous volunteer or food systems experience needed- just passion and curiosity! Open to youth aged 15-30.

www.RiseUp-PHABC.ca

Questions?	Apply Now!:	#RiseUpPHABC
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